



## **Advisory Neighborhood Commission 1C**

PO Box 21009, NW, Washington, DC 20009

[www.anc1c.org](http://www.anc1c.org)

*Representing Adams Morgan*

**Commissioners:**

October 12, 2015

**Julie Seiwel** (1C01)

**Hector Huevo** (1C02)

**Ted Guthrie** (1C03)

**Gabriela Mossi** (1C04)

**Alan Gambrell** (1C05)

**Billy Simpson** (1C06)

**Wilson Reynolds** (1C07)

**JonMarc Buffa** (1C08)

To: Mayor Muriel Bowser  
Councilmembers of the District Council

Re: Personal Trainers

Dear Mayor Bowser and Councilmembers,

At a duly noticed public meeting held on October 7, 2015, with a quorum present, ANC1C voted 8-0 to adopt the attached resolution (i) urging the D.C. Board of Physical Therapy to withdraw its proposed regulations of personal fitness trainers, and (ii) urging you to enact a law to eliminate the D.C. Board of Physical Therapy's authority to regulate personal fitness trainers.

Sincerely,

Billy Simpson  
Chair, Advisory Neighborhood Commission 1C

## **ANC Resolution Regarding Proposed Regulation of Personal Trainers by the D.C. Board of Physical Therapy**

Advisory Neighborhood Commission 1C (“ANC1C”) adopts the following resolution and votes to send it to the D.C. Board of Physical Therapy, the Mayor, and the DC Council:

WHEREAS, the Omnibus Health Regulation Amendment Act of 2013, states, in pertinent part: “(h) Section 209(b) (D.C. Official Code § 3-1202.09(b)) is amended to read as follows: ‘(b) The Board shall regulate the practice of physical therapy and the practice of athletic training, including practices by physical therapist assistants and by personal fitness trainers.’”

WHEREAS, the D.C. Board of Physical Therapy has submitted a proposed regulation on personal fitness trainers pursuant to the Omnibus Health Regulation Amendment Act of 2013.

WHEREAS, the D.C. Board of Physical Therapy’s proposed regulation would restrict and burden personal fitness trainers with anti-competitive licensure and certification requirements.

WHEREAS, many personal fitness trainers are small business owners and entrepreneurs whose efforts have benefited D.C. and the local Adams Morgan economy.

WHEREAS, these small businesses should not be burdened by unnecessary and costly government regulations.

WHEREAS, the efforts of personal fitness trainers have improved the health and well-being of numerous residents of Adams Morgan and has helped D.C. earn the title of the fittest city in America.

WHEREAS, in the Spring of 2015, Mayor Muriel Bowser launched “FitDC” which is a comprehensive health and wellness initiative that encourages residents to live a healthier lifestyle by linking them to nutrition and physical fitness resources in their communities.

WHEREAS, Councilman Jack Evans has introduced the Omnibus Health Regulations Rationalization Amendment Act of 2015 that would amend the Omnibus Health Regulation Amendment Act of 2013 to remove the D.C. Board of Physical Therapy’s authority to regulate personal fitness trainers.

Resolved, that:

- ANC1C urges the D.C. Board of Physical Therapy to withdraw its proposed regulations of personal fitness trainers.
- Without endorsing any particular proposed legislation, ANC1C urges the DC Council and the Mayor to enact a law to eliminate the D.C. Board of Physical Therapy’s authority to regulate personal fitness trainers.